

*An Introductory Workshop on*  
**Centering Prayer**

**Do you feel pulled in all directions?**

**Do you want more from your prayer life?**

**Do you hunger for a deeper personal relationship with God?**

Centering prayer is a simple method of Christ-centered silent prayer, a renewal of an ancient Christian contemplative practice updated for our time. It can lead to a deeper prayer life, personal healing, spiritual transformation, and a closer union with God.

**Saturday, February 10, 2018**

**9:00 AM – 2:30 PM**

**St. Martha Church**

**30 Portland Road, Kennebunk, Maine**

**\$25.00 registration or \$30.00 at the door.**

Light morning refreshments and lunch included

Presenter: Fr. D. Joseph Manship

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**Registration Form**

Introductory Centering Prayer Workshop ~ February 10, 2018 9AM-2:30PM St. Martha's Church, Kennebunk  
\$25.00 pre-registration or \$30 at the door. Lunch and light refreshments will be provided

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

Mail to: St Martha's Church, 30 Portland Rd, Kennebunk, ME 04043 Make Checks Payable to: Holy Spirit Parish

FMI: [cpholyspirit@gmail.com](mailto:cpholyspirit@gmail.com) or <https://cpholyspirit.wixsite.com/mysite>